

Do something good for heart and soul...

# Vocal Nosh

**First Sunday of every month  
5pm - 7.30pm**

St John's Uniting Church Hall,  
Cnr Chapel St and Warley Avenue,  
Cowes

- |               |   |
|---------------|---|
| 5 - 6 pm      | Vocal Warm-ups and Workout                            |
| 6 - 6.30pm    | Healthy hearty soups, crusty bread<br>and fresh fruit |
| 6.30 - 7.30pm | More singing  |

No musical training required, just a willingness to have a go. Confident singers welcome too. Wear comfortable clothes and be prepared for a good time... led by -

***Fay Magee***

Musician, Music Educator, Singing Leader

**Entry \$5 RSVP: phone 5952 2608** (to assist with catering but do come anyway)

Sponsored by

St John's Uniting Church of Phillip ▶